

Amanda's African Appeal



On the 19th November 2010, I will be volunteering for one month, working in an orphanage, in Nanyuki, Kenya. I will assist with feeding, educating and giving much needed support to children who have been orphaned as a result of HIV/AIDS, or whose families live in desperate poverty and have abandoned them.

My aim is to raise £1500 and my challenge is to take part in the Ipswich Hospital Charity Abseil in July 2010. Please support me to ensure these children receive the help they so desperately need.

If you have any questions or would like to find out more, please contact me on 07508 802504 or email me at amanda.africanappeal@hotmail.co.uk

Thank you in advance for your kind support



The project is run by i-to-i, who provide volunteers to help disadvantaged communities and endangered eco-systems throughout the world www.i-to-i.com

The orphanage

Laikipia Rehabilitation and Rescue Centre is a CEDC (Children under Especially Difficult Circumstance) project situated in Nanyuki town in Laikipia East District about 200km north of Nairobi. Nanyuki is located on the equator at an altitude of 6390ft above sea level.

This project was a UNICEF / Ministry of Local Government initiative, which was started in 1987, focusing on children in especially difficult circumstances, starting with street children. The council donated an 11 acre plot to embark on the project with 3 members of staff, it also constructed two buildings. The role of the project has been to rehabilitate, re-integrate and re-admit the street children to schools.

Street children refers to children for whom the streets have become their home rather than their family. It also includes children who might not necessarily be homeless or without families but who live in a situation where there is no protection, supervision, or direction from responsible adults. They will use solvent - based narcotics which offer them an escape from reality. Some suffer from physical or psychological problems - hallucinations, kidney failure etc, thus, Laikipia Rehab and Rescue Centre is a project for rehabilitation of these children. The centre does not have its own schooling so the children are re-integrated within the local schools.

My role....

I will be helping in the normal activities of a Children's home – mainly in the day care centre. I will also be involved in the following:

- Singing and games
- Drawing (Art and Craft)
- Feeding program - The core activity in any rehabilitation centre program is food security. The children at the centre when they arrive are usually suffering from malnutrition and therefore the centre provides all their day care needs and in a few instances subsidise their guardians to cater for the evening meals.
- Teaching – The school takes care the of educational needs of the children free of charge.
- Sports activities
- Helping out the staff in cleaning dormitories
- Assisting the staff in preparation of meals (for lunch and dinner)

